



# Working with People at High Risk of Developing Psychosis: A Treatment Handbook

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## Working with People at High Risk of Developing Psychosis: A Treatment Handbook

A timely overview of new psychological interventions in this exciting and emerging field, Working with People at High Risk of Developing Psychosis: A Treatment Handbook presents the most up-to-date progress in the identification of individuals who are at ultra high risk of developing a psychotic illness. The book focuses on a range of psychological interventions that are currently being developed, tested, and used in order to alleviate these early symptoms and attempt to delay or even prevent the onset of a psychotic illness. Even for those who will not go on to develop an illness, such interventions are helpful in the alleviation of their presenting symptoms. This practical treatment handbook addresses a wide range of issues presented by "at risk" clients. Specific chapters, written by experts in that particular area, cover stress management, co-morbidity, substance misuse, family work and group therapy.

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