



The 420 Gourmet: The Elevated Art of Cannabis Cuisine

JeffThe420Chef

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“The Julia Child of Weed” (*Daily Beast*) presents a foodie’s guide to cannabis: a smart, sophisticated, and inviting lifestyle cookbook, featuring 100 delectable recipes and 75 full-color photos, that teaches at-home chefs how to safely create and experience edibles.

JeffThe420Chef is revolutionizing the world of edibles. He first began cooking with cannabis to help a close friend’s mother manage the pain, nausea, and discomfort of cancer treatments. Along the way, he developed an intricate process that effectively neutralizes the taste of cannabis when infusing it into butters and oils—opening the door to a new understanding of edibles.

In *The Ganja Gourmet*, JeffThe420Chef teaches home cooks how to safely create and experience healthy cannabis edibles. He begins with his signature “light tasting” CannaButter and CannaOils, which are the secret to his outrageously delicious and truly unique recipes. By mastering these staples, you can easily incorporate cannabis into everyday dishes—and the pot-sibilities are endless! From Eggs Canna-dict and Gnocchi with Hazelnut Canna-Pesto to Fish Tacos with Chipotle Canna-aioli and Pot-zah Ball Soup, these mouthwatering recipes take cooking with cannabis beyond midnight munchies, delighting the taste buds of recreational and medicinal users alike.

The Ganja Gourmet covers everything from brunch and small plates to salads and gourmet dinners, offering gluten free, vegetarian, vegan, and kosher options along the way. These recipes are fully adaptable to your needs, whether you want a full course meal for pain management or a quick snack to help you focus, relax, and enhance creativity. JeffThe420Chef combines his fun-loving approach to cooking with practical information about marijuana—including specifics about dosing, the principal strains, and the ingredient’s medical and recreational benefits.

Whether you’re new to edibles or a long-time medicinal user, *The Ganja Gourmet* will educate and entertain you, all while serving as your ultimate guide to cannabliss.

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