



# Sweet & Easy Vegan: Treats Made with Whole Grains and Natural Sweeteners

*Robin Asbell*

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## **Sweet & Easy Vegan: Treats Made with Whole Grains and Natural Sweeteners** Robin Asbell

Here is the delicious answer to every vegan's most important question: What's for dessert? From cookies and brownies to cakes and pies (and even vegan "ice cream"), author Robin Asbell proves that nothing is lost when choosing to forgo dairy. *Sweet & Easy Vegan* collects more than 60 indulgent recipes and includes expert information on natural sweeteners, whole grains, and the benefits of a vegan lifestyle, plus a handy guide to unusual ingredients and a source list to help readers find them. Vegan never tasted so sweet.

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