

Acupuncture for Musculoskeletal Medicine

Grant Cooper



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Written in a user-friendly format and utilizing a case study approach, this book describes how acupuncture fits into the treatment paradigm for musculoskeletal complaints. Several different acupuncture treatment styles are presented, and in each example the choice of acupuncture points is explained in detail. These suggested treatments are meant not merely as recipes, but rather as strategies that can be applied to a variety of clinical complaints and conditions.

Each case study includes physical examination findings, diagnostic studies, differential diagnosis, and recommendations for standard medical treatments. This is followed by one or more detailed acupuncture treatment strategies. Finally, there is a review of the published research regarding acupuncture as it pertains to musculoskeletal medicine.



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