

Your Best Health Care Now: Get Doctor Discounts, Save With Better Health Insurance, Find Affordable Prescriptions

Frank Lalli



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Inspired by his viral *New York Times* article, prize-winning investigative journalist Frank Lalli details how he mastered the ins and outs of health care—and how you, too, can get the best care for your money.

Frank Lalli, the former editor of *Money* and *George* magazines, has devoted his career to getting to the bottom of a good story. When he was diagnosed with Multiple Myeloma, a rare but potentially deadly blood cancer, he put his reporter's instincts to work and got the wonder drug he needed at an affordable price—thousands of dollars less than he was told he would have to spend. Amazed by the complex and arbitrary nature of the health care system, he decided to share what he has learned as his own Health Care Detective so that others can find their best care and save money, too.

Based on three years of research and more than 300 first-hand interviews with experts, *Your Best Health Care Now* is your easy-to-follow, real-world guide to making today's health system work for you. You'll learn all the smart moves and timely tips to get better care and save hundreds, if not thousands, of dollars—no matter what your concerns may be. Whether you're trying to book a free check-up or negotiate with a surgeon, looking for an effective generic drug or the best price for a brand-name, or worrying about high insurance deductibles and rising premiums or a stack of surprise bills, *Your Best Health Care Now* has the answers you need to take charge of your wellbeing.



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