



# The New Holistic Way for Dogs and Cats: The Stress-Health Connection

*Paul Mccutcheon, Susan Weinstein*

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Stress. It's the single, universal cause of both wellness and illness. While this theory is widely supported in the human medical community, it's still controversial among veterinarians. Dr. Paul McCutcheon examines the all-important health-stress connection while drawing upon the latest scientific thinking and combining it with a comprehensive, preventive, and holistic philosophy of pet care. So if you're among the millions of caring, responsible pet owners who visits the vet more often than your own doctor but still wonders what more you can do for your dog or cat, *The New Holistic Way for Dogs & Cats* is the next best thing to a consultation with Dr. McCutcheon. If only he saw human patients in his practice, too!

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