

Over & Above

Jack Kelly



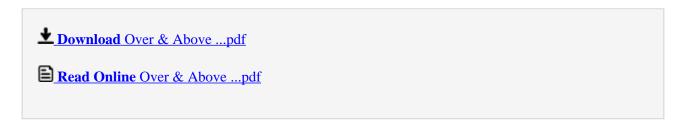
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Jack Kelly

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Jack Kelly is one of the most successful coaches in trampoline gymnastics and has led several athletes to World Championships. In this book, he outlines a process for developing world class skills. His methods have helped remodel the technique of numerous advanced performers, enabling them to break through to the next level.



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