

From My Eyes Can You See, Can You Imagine Being Me?

Dee Landers



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Author Dee Landers takes you on a journey in her past from 1978-1982. It was during that time she was brutally beaten and raped twice, kidnapped and stabbed. She shares intrusive memories and some very effective coping strategies that enabled her to be productive in life despite the inability to "fit in". She describes herself as a lifeless walking zombie carrying an imaginary hundred pound backpack throughout the dark periods of her life. Dee struggled, spiraled, and persevered repetitively. She suffered in solitude and through the silence she developed an unyielding relationship with GOD and is a devout soldier in GOD's army. The writing of her book was the result of many rape victims approaching her in an effort to learn how she's able to wear a smile and move forward in life. Dee's response was and still is her tried and true coping strategies which encompass the acronym: AFFTER (affirmations, FAITH, forgiveness, taking time for you, expressing your emotions, and reinventing yourself). Dee, grew not only to accept her "new norm" but she learned to love who she had become.

"Please...accompany me on my journey all while imagining being me so that you too... can witness HIS wondrous works!"

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