



Cooking with Tofu: Storey Country Wisdom Bulletin A-74

Mary Anna Dusablon

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Learn to make your own tofu and then enjoy your creation -- or the store-bought variety -- in 26 delicious recipes for salads, soups, main dishes, shakes, desserts, and more. You'll find something for every meal and every craving, from sweet potato pancakes to hot and sour soup, tofu burgers, green onion dip, lasagna, curried vegetables, quiche, Szechuan eggplant, and more. Includes basic tips on cooking and storing tofu, along with nutritional information.

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