



# Against the Wind: An Ironwoman's Race for Her Family's Survival

*Lee DiPietro*

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**Against the Wind: An Ironwoman's Race for Her Family's Survival** Lee DiPietro  
**To one woman, running was more than a passion—it was a lesson in perseverance.**

Lee DiPietro discovered the exhilaration of endurance athletics when she ran her first half marathon in her late twenties. From that day forward, she took on every marathon that she could, and despite having to juggle her running with her responsibilities as mother and wife, she quickly established herself as one of the best runners in the United States.

Over the next thirty years Lee won race after race, running in everything from local competitions to the three most challenging endurance races: the Boston Marathon, the New York City Marathon, and the Ironman triathlon. What she did not know, as she climbed the ranks of the running world, was the struggle her family would face and the role her running would play in helping her persevere in the face of great adversity.

When Lee's husband was diagnosed with cancer and her son suffered a devastating accident, she found herself falling back on the lessons she had learned as a marathoner to help her endure the sudden family trials. In *Against the Wind*, DiPietro takes us through her harrowing yearlong fight for the lives of her husband and son. Despite the great difficulties she faced, throughout it all remained her love for running. *Against the Wind* is a story that will resonate with readers whose lives have been affected by cancer as well as those who are dedicated to endurance sports. It proves that running is a tool to save lives—far from just a sport and test of one's mettle.

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