



# **The Big Book of Vegan Recipes: More Than 500 Easy Vegan Recipes for Healthy and Flavorful Meals**

*Jolinda Hackett*

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# The Big Book of Vegan Recipes: More Than 500 Easy Vegan Recipes for Healthy and Flavorful Meals

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## Delicious vegan recipes your whole family will love!

It's not always easy for vegans to get the nutrients needed to maintain a well-balanced diet. With *The Big Book of Vegan Recipes*, you can ease your mind knowing that each of these dishes is not only completely vegan, but also packed with flavorful, nutrient-rich ingredients that will keep your family healthy and full throughout the day. Featuring more than 500 delicious vegan recipes, this cookbook offers meals that will satisfy everyone's tastebuds, including:

- Maple cinnamon breakfast quinoa
- Creamy sun-dried tomato pasta
- Black bean and butternut squash chili
- Gingered and pralined sweet potatoes
- Sweetheart raspberry lemon cupcakes

Complete with easy-to-follow instructions and plenty of preparation tips, *The Big Book of Vegan Recipes* has everything you need to create tasty vegan meals in no time!

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