

101 Things to Do with Tofu

Anne Tegtmeier, Donna Kelly



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101 goes vegetarian! 101 Things to Do with Tofu makes being vegetarian even easier, with simple recipes, fast meal solutions, and healthy fare that is sure to please even the pickiest palate. These recipes will make your mouth water-and they all feature healthy tofu as a main ingredient! Give this valuable and versatile protein source a shot in your kitchen with recipes such as Butternut Squash Soup, Tofu Hummus, Healthy Mac 'n' Cheese, Tofu Sloppy Joes, Sublime Spinach Lasagna, Thai Coconut Curry, Tripleberry Tarts, Classic Cheesecake, and Lemon Raspberry Tiramisu.

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