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# How to Begin a Psychotherapy Group (RLE: Group Therapy): Six Approaches: Volume 8 (Routledge Library Editions: Group Therapy)

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Originally published in 1976, this book discusses the formation and beginning of psychotherapy groups and examines the treatment of a number of social problems through group therapy. Inevitably a product of the time in which it was written, this book nonetheless makes a valuable contribution to the history of group psychotherapy and will still be of interest to group psychotherapists, psychoanalysts, psychiatrists, social scientists, social workers and group managers today.

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