



Transcending Self-Interest: Psychological Explorations of the Quiet Ego

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For decades social scientists have observed that Americans are becoming more selfish, headstrong, and callous. Instead of lamenting a cultural slide toward narcissism, *Transcending Self-Interest: Psychological Explorations of the Quiet Ego* provides comprehensive research on both the problems of egocentrism and ways of transcending it.

The editors have assembled a group of contributors who are helping to reshape how the field of psychology defines the self in the 21st Century. Their theories and research suggest two paths to this transcendence:

1. balancing the needs of self and others in one's everyday life and
2. developing compassion, nondefensive self-awareness, and interdependent self-identity.

At the end of these converging paths lies a quiet ego—an ego less concerned with self-promotion than with the flourishing of both the self and others.

Readers will find in this volume inspiration not only for future work in psychology but also for their own efforts toward personal development.

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Orlando Hernandez:

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Herman Pruitt:

Playing with family in a very park, coming to see the sea world or hanging out with friends is thing that usually you have done when you have spare time, in that case why you don't try point that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Transcending Self-Interest: Psychological Explorations of the Quiet Ego, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can happen its mind hangout folks. What? Still don't understand it, oh come on its called reading friends.

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Transcending Self-Interest: Psychological Explorations of the Quiet Ego can be one of your beginning books that are good idea. Most of us recommend that straight away because this book has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining but nonetheless delivering the information. The article writer giving his/her effort to set every word into pleasure arrangement in writing Transcending Self-Interest: Psychological Explorations of the Quiet Ego although doesn't forget the main place, giving the reader the hottest along with based confirm resource facts that maybe you can be certainly one of it. This great information could drawn you into completely new stage of crucial imagining.

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