

Holly Clegg's trim&TERRIFIC KITCHEN 101: Secrets to Cooking Confidence: Cooking Basics plus 150 Easy Healthy Recipes

Holly Clegg



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IF YOU'RE LOOKING FOR SIMPLE, HEALTHY & DELICIOUS RECIPES, KITCHEN 101 IS HOLLY'S "EASIEST OF EASY "COOKBOOKS!!! Easy 30-minute recipes and most are 10-ingredient recipes (also includes recipes) to start you cooking!

- Crock Pot Cooking Recipes Chapter
- Ready-Made Menus Chapter
- Rotisserie Ready Chicken Recipes
- Symbols highlight Diabetic-Friendly Recipes (ADA guidelines)
- 150 Easy-To-Make Recipes with Color-Photographs
- Nutritional Information & Terrific Tips

You'll love the *Cooking Basics Chapter* for as a great kitchen reference guide.

Awards

Gold Recipient of prestigious Mom's Choice Award

Award-Winner in 'General Cookbook' category of 2012, sponsored by USA Best Book Awards, with USA **Book News**

Whatever your stage of life, if you're ready to take on cooking, KITCHEN 101! Holly Clegg will guide you through the kitchen with easy recipes and the basic tools and tips you need to cook healthier. Over 150 simple, practical, quick and super-satisfying healthy recipes with full-color photographs. Chapters like Cooking Basics, Start Simple, Fix It Fast, Ready-Made Menus and Crock Pot Cooking plus Diabetic Friendly options and nutritional and dietary information.



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From reader reviews:

James Atkinson:

Do you have favorite book? In case you have, what is your favorite's book? Book is very important thing for us to know everything in the world. Each book has different aim as well as goal; it means that publication has different type. Some people really feel enjoy to spend their time and energy to read a book. They may be reading whatever they acquire because their hobby is actually reading a book. How about the person who don't like looking at a book? Sometime, particular person feel need book if they found difficult problem or exercise. Well, probably you will require this Holly Clegg's trim&TERRIFIC KITCHEN 101: Secrets to Cooking Confidence: Cooking Basics plus 150 Easy Healthy Recipes.

Deborah Knight:

Now a day people who Living in the era just where everything reachable by talk with the internet and the resources inside it can be true or not involve people to be aware of each data they get. How many people to be smart in having any information nowadays? Of course the solution is reading a book. Looking at a book can help men and women out of this uncertainty Information mainly this Holly Clegg's trim&TERRIFIC KITCHEN 101: Secrets to Cooking Confidence: Cooking Basics plus 150 Easy Healthy Recipes book because this book offers you rich information and knowledge. Of course the info in this book hundred pct guarantees there is no doubt in it you may already know.

Maria Blanco:

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Latoya Palos:

In this period globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of personal references to get information example: internet, classifieds, book, and soon. You can see that now, a lot of publisher in which print many kinds of book. Typically the book that recommended for your requirements is Holly Clegg's trim&TERRIFIC KITCHEN 101: Secrets to Cooking Confidence: Cooking Basics plus 150 Easy Healthy Recipes this publication consist a lot of the information of the condition of this world now. This book was represented how can the world has grown up. The dialect styles that writer value to explain it is easy to understand. The particular writer made some investigation when he makes this book. That's why this book suited all of you.

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