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Anna Gare

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As a host on Australian *Junior MasterChef* and host of *The Great Australian Bake-Off*, Anna Gare knows a thing or two about balancing busy days with eating well. In her new book, *Eat In*, she brings together her favourite collection of recipes. Anna gives plenty of hints and tips for shopping, meal planning and store cupboard standbys-her mantra is you deserve to eat well and, with just a little thought and preparation, you can. Anna's down-to-earth advice on preparing healthy and tasty food will be welcomed by busy and hungry people everywhere.

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