



# **La familia: Comprensión dinámica e intervenciones terapéuticas (Spanish Edition)**

*Alfons Icart, Jordi Freixas*

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# La familia: Comprensión dinámica e intervenciones terapéuticas (Spanish Edition)

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La presente obra nace de la práctica colectiva de un equipo en el que participan psiquiatras, psicólogos, trabajadores sociales y educadores, práctica que se ha consolidado durante décadas, desde que la Fundación Orienta comenzó a funcionar en 1974. El libro asume las formas múltiples que ha adoptado y adopta la familia, desde su concepto tradicional hasta las nuevas realidades familiares.

Alfons Icart y Jordi Freixas nos ofrecen un trabajo que, por su énfasis en la comprensión de la naturaleza del sistema familiar y de los factores de cambio, resultará de interés indiscutible para los clínicos de la psiquiatría y la psicología infantojuvenil. La conjunción de la orientación psicodinámica y de elementos sistémicos ofrece un modelo psicoterapéutico clínico y pragmático, particularmente original.

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