

The Fresh & Green Table: Delicious Ideas for Bringing Vegetables into Every Meal

Susie Middleton



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The Fresh & Green Table: Delicious Ideas for Bringing Vegetables into Every Meal Susie Middleton In this follow-up to the popular Fast, Fresh & Green, which shared simple techniques for achieving delicious vegetable side dishes, Susie Middleton offers up a whole new cook's repertoire by shifting the focus to vegetables as the main course of the meal. Brimming with strategies, techniques, and 75 peerless recipes for cooking vegetables in every season, this is the book for the millions who have embraced Meatless Mondays and anyone who appreciates good, fresh food. This is a formidable package for the price, brightly illustrated with 50 color photographs and buzzing with Susie's energizing voice. From vibrant soups and salads to luscious grilled pizzas and tarts loaded with green goodness, The Fresh & Green Table serves up an unparalleled source of instruction and inspiration.



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