



Yoga, Bhoga and Ardhanariswara: Individuality, Wellbeing and Gender in Tantra

Prem Saran

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This book is a social–scientific interpretation of the 15 centuries–old Hindu and Buddhist traditions of tantra. It is a self-reflexive study, informed by an insider’s empathy and the apprehension of an Indologist-cum-anthropologist who is also a mystic and an initiated practitioner of the cult himself.

Using his personal praxis to inform his research, the author examines three core themes tantra: a ‘holonic’/mandalic individuality that conduces to the mystical experience; a positive valorisation of pleasure and play; and cultural attitudes of gender-mutuality and -complementarity as neatly encapsulated in the icon of Shiva as Ardhanariswara. This analysis —as captured by the tantric mandalas of deities in intimate union who vividly enact the three themes — leads to his compelling metathesis, that of tantra serving as a permanent counterculture within Indic civilisation.

This book should be of interest to those in anthropology, South Asian studies, religious studies, gender studies, psychology, and philosophy, as also the general reader.

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This Yoga, Bhoga and Ardhanariswara: Individuality, Wellbeing and Gender in Tantra is new way for you who has curiosity to look for some information mainly because it relief your hunger of information. Getting deeper you on it getting knowledge more you know or else you who still having bit of digest in reading this Yoga, Bhoga and Ardhanariswara: Individuality, Wellbeing and Gender in Tantra can be the light food for you personally because the information inside this specific book is easy to get by means of anyone. These books build itself in the form that is reachable by anyone, yeah I mean in the e-book contact form. People who think that in book form make them feel sleepy even dizzy this publication is the answer. So you cannot find any in reading a e-book especially this one. You can find actually looking for. It should be here for you. So, don't miss that! Just read this e-book variety for your better life as well as knowledge.

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