



Inside the NFL's First Family: My Life of Football, Faith, and Fatherhood

Bruce Matthews

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From the man who has played in more NFL games than any non-kicker in the football league's history comes a memoir about the Matthews family and how seven people over three generations have achieved success in the NFL—more than any other family in sports history.

No family has qualified more of its members for the demands and rewards of the National Football League than the Matthews clan—seven and counting over three generations. They include Bruce's father Clay, an original NFL San Francisco 49er; his brother Clay Jr., a seven-time All-Pro for the Cleveland Browns; and nephew Clay III, a Defensive Player of the Year and Super Bowl champion with the Green Bay Packers. Bruce Matthews may be the best of them all, a fourteen-time Pro Bowler with the Houston Oilers and Tennessee Titans, holder of the all-time consecutive starts record for offensive linemen, and inductee in the NFL Hall of Fame.

The enduring success of the Matthews family is no accident. Their competitive nature, passion for excellence, never-quit attitude, compassion for the disadvantaged, and love for each other has propelled them to the peak of their abilities and professions. For Bruce, the foundation of it all is his faith in God. *Inside the NFL's First Family* shows how the highs and lows of Bruce's NFL career and expanding responsibilities as a husband and father taught him the lasting significance of his commitment to Christ. This book is a fascinating peek behind the curtain of professional football, featuring the insider stories that every fan craves. It also shows how Bruce and his family successfully dealt with challenges such as depression, cancer, and Down Syndrome. Yet *Inside the NFL's First Family* offers readers even more—the principles and beliefs that have enabled the Matthews to excel in football and in life.

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