



Her 20 SomeTHINGS: A Young Woman's Guide To Navigating Through Her Prime

Zakiyah Lanae Grace Ficklin

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Like many, I struggled when I first reached my 20's. I didn't know what my purpose was, I had no clue how to save money, I was scared to ask for help, and I was constantly blaming my past. Now, I am continually learning to be a better version of myself and I want you to do the same. Her 20 SomeTHINGS will walk you through the "mid-life crisis" and help you overcome it. There are 20 things you should know in your 20's in this book that will help you with the following: Execute goals Find your purpose Develop work/life balance Spend money wisely Throughout this book, you will have the opportunity to complete exercises to assist you with evaluating your personal, financial, and career goals.

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