



A Time to Heal

Yvonne Jones

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If so, you understand the heartbreak, pain, and guilt that creeps into your life, causing you to question your own reality. In the case of author Yvonne Jones, her uncertainty cost her everything. As she sank further into the physical and mental struggle with her abusive partner, Yvonne felt like a stranger in her own body. Her thoughts were no longer her own. She, as much as she tried, couldn't pull herself from the shackles of her husband's terror. She'd escape, only to be met with an overly-apologetic partner who quickly intensified his anger as soon as she was back in his grips. Slowly her husband's anger turned toward her innocent son. Unfortunately it went too far, and one fateful day her husband took her own son's life. In shock, the following events that culminated in her stay in prison were a blur. It wasn't until she had been locked behind bars did she realize the reality of the situation. In the process, her youngest son was taken in by the state. During her time in prison, Yvonne tackled the trauma that she'd been through. She began a prayer group and frequent bible studies to get her through. Join her as she struggles to regain her independence and self-worth while relying on the only thing in life that's forever her savior.

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