



Las recetas de toda la vida (Spanish Edition)

Karlos Arguiñano

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En este libro Karlos Arguiñano nos muestra sus recetas más tradicionales. Aquellas que desde pequeño, desde su guipuzcoano pueblo natal, recuerda con mayor agrado. Inevitablemente son recetas estrechamente vinculadas a las raíces de la cultura vasca, a los caseríos, a las verdes montañas y al mar embravecido. Pero también, muchas de ellas universales, pues desde Euskadi han pasado ya al recetario popular español. Karlos Arguiñano recupera la manera más tradicional de hacer estos platos, tal y como el los ha hecho durante “toda la vida” en la televisión, en su restaurante en Zarautz y también para los suyos. ¡Buen provecho!

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