

Las setas a tu alcance (Spanish Edition)

Francesc Murgadas



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¿Eres de los que sale al monte a buscar setas? ¿O prefieres adquirirlas en el supermercado? ¿Sabes reconocer las setas más preciadas? ¿Podrías identificar cuáles son venenosas? ¿Te gustaría saber cómo se cocinan? ¿Qué pasos hay que seguir para que conserven todo su sabor? El biólogo y catedrático en Ciencias Naturales Francesc Murgadas, experto en cocina, nos ofrece en Las setas a tu alcance todo lo que debemos saber para que nos familiaricemos con los conceptos fundamentales del mundo de la micología y la gastronomía de las setas. Cómo son las setas, cómo distinguir unas especies de otras, cómo se recolectan, cómo se cocinan, qué papel han tenido en la cultura de los pueblos y a qué leyendas y refranes han dado lugar. www.librosaguilar.com



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