

Face to Face with Emotions in Health and Social Care

Benjamin Gray



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This book draws from the everyday experiences as well as the harsh realities confronting behavioral care providers on the frontline. The book recounts the stories and sometimes disturbing emotions of people whose lives have undergone sudden change or even drastic trauma; people whose feelings of comfort and safety have been shattered by exposure to illness, abuse, death and bereavement. The perspectives and experiences of nurses, social care staff, patients, children and families are at the core of understanding the importance, challenges and therapeutic vitality of emotions. The 55 individuals on the frontline who took part in the interviews on which this study is based discuss the emotions associated with care in mental health, pediatric oncology, AIDS/HIV, as well as child protection and abuse, racism, refugee exile, poverty, and social exclusion. Their bravery, openness, and ability to communicate and share their emotions make this book possible. ?

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